

A case of fever and rash; Dilemma of MRSA versus Kawasaki disease

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ABSTRACT

Kawasaki disease (KD) is an acute febrile systemic vasculitis that was first described by Kawasaki et.al in 1974. [1]. KD is regarded as an autoimmune disorder rather than an infectious disease. [2]. in the USA, where community acquired methicilline resistant staph (CA-MRSA) is now the most common pathogen (>50%) causing skin and soft tissue infections (particularly abscesses) acquired by outpatients, the number of these infections has nearly doubled in six years, and the main burden of MRSA infections, measured as the incidence per 100 000 inhabitants, now falls on the general population [3]. We present here a case report of a girl came with fever and rash and it had criteria of both diseases KD and CA-MRSA.

Keywords: Kawasaki, MRSA, rash, children

Case report:

Female patient 11 years old presented to us in Kids hospital, Cairo, with fever and pharngitis 4 days not responding to amoxicillin- clavulenic antibiotic and antipyretics; her lab was done on 2nd day and they were negative as regards CRP, CBC.

On 4th day; Skin rash started to appear on trunk (**Figure 1**), face, palm, ears, back and buttock, bilateral conjunctivitis with sub-conjunctival hemorrhage (**Figure 2**). Admitted to hospital for investigation

CRP was 405/8, CBC WITH TLC 7000 with 97.3% neutrophils, platelet 138, while waiting blood culture and viral serological and autoimmune markers to appear

We started imipenem, vancomycine.

Next day 5th day; CRP rose to 495/8 and all immunological markers were negative as regard ANA, C3, ANCA, anti Double stranded DNA, Rheumatoid factor, Free Kidney function test, Liver function test, Urine analysis, free echocardiography apart from slight right ventericle dilatation

At that level we suspected Kawasaki diseases; thus we started IVIG 2gm per kg divided on 5 days for feasibility of administration and acetyl salicylic acid for two weeks.

Rash disappeared, fever decreased gradual and stooped on day 8 i.e 3rd day of IVIG administration, CRP goes down gradually daily up to 10/8 on 10th day but Platelets rose gradual to 965 on 10th day

The surprising event on this day we received the result of blood culture which was positive for MRSA.

The case was discharged on day 11 with follow up of clinical and CBC, CRP titer for the next three weeks, the condition was stable with no recurrence of fever or any other symptoms, the follow up echo on the 2nd week was free and there were no peeling up to 4th week

Discussion:

Our case had criteria of both diseases KD and MRSA as; it could be MRSA with rash and high CRP and initial total leukocyte count shift and low platelet, and it could be Kawasaki with pharyngitis, high fever for more 5 days, bilateral conjunctivitis, skin rash and raised platelet from day 7 to 10th day and gradual decrease to normal after 2 weeks.

The diagnosis of KD is not sharp and determined in our case as to date, there is no specific diagnostic test for KD. Diagnosis is based on the presence of fever lasting longer than 5 days and four of five specific clinical criteria. In Japan, at least five of six criteria (fever and five other clinical criteria) should be fulfilled for a diagnosis of KD. However, patients with four of the principal clinical features can be diagnosed when coronary aneurysm or dilatation is recognized [4]

The result of blood culture was a little odd as our case was not admitted to hospital before this illness but; Hospitals and nursing homes were once the main reservoirs of MRSA, but new ones have now emerged outside of the healthcare setting. [5]

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Figure legend:

Figure 1: rash on trunk on 4th day of fever



Figure 1

Figure 2: bilateral conjunctivitis with sub-conjunctival hemorrhage on 4th day of fever



Figure 2